



# MAKE IT STICK

4 Simple Ways You Can Make This Lesson Stick With your Kids

## Fear Patrol Lesson 1

### THIS WEEK'S LESSON: WE'VE GOT A PROBLEM



#### DRIVING:

Ask your child what they learned about this week on the drive home:

On your next drive, talk about fear. What are some of the things your kids worry about or make them afraid? Has fear – fear of punishment for example – ever cause them to lie? Talk about how God can give us the courage to tell the truth, even in scary situations.



#### PLAYING:

Make this week's lesson real:

Take turns with your kids naming out different animals that the others have to pretend to be. Don't be afraid to get down on your hands and knees and really go for it! Afterward, talk about the difference between pretending and lying. When you pretend everyone knows what the truth is (no one really thought you were an elephant). But when you lie, you are trying to make someone believe something that is not true. God wants us to have the courage to tell the truth always.



#### EATING:

Here are some great discussion starters:

Pray before the meal, for a good meal filled with open, honest and fun discussion. Remind your kids how important it is to tell the truth. Even when the truth is hard, it's easier to deal with it together if everyone is honest.



#### SNUGGLING:

Snuggle up together and talk about a time when you lied to protect yourself. Discuss how telling that lie turned out to be the wrong decision. Remind your kids that when we are scared we might be tempted to lie. But God wants us to be honest. We can turn to him and he will give us the courage to tell the truth.